

## 音韻覺識訓練對於臺灣成人英文字彙閱讀能力養成之成效\*

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### 摘要

本研究旨在探究強化音韻覺識訓練對於臺灣成人英文字彙閱讀能力的養成是否能產生成效。一群在台灣新竹就讀大學的一年級新生參與本研究。為了計量音韻覺識對於英文字彙閱讀能力的成效，研究者訓練這群大一新生如何劃分音節及對應拼字與發音，藉以強化音節覺識與語音覺識。實驗結果顯示透過強化音韻覺識訓練後，這群學生英文字彙閱讀能力進步達顯著差異。故本研究建議將音韻覺識訓練納入臺灣成人英文字彙閱讀教學，以利其英文字彙閱讀能力的養成。

**關鍵詞：**音韻覺識、英文字彙閱讀能力、音節覺識、語音覺識

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\*本論文由玄奘大學校內專題研究計畫補助 HCU-101-C1-01

## **Effects of Phonological Awareness Training on English Word Reading among Taiwan EFL Adult Learners\***

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### **Abstract**

This study examines whether explicit phonological awareness (PA) training can improve English word reading among Taiwan EFL adult learners. A group of university freshmen studying in Hsinchu, Taiwan participated in this study. In order to gauge the effects of phonological awareness training, the current study involved training university freshmen in syllabic and phonemic awareness. It was discovered that phonological awareness training did indeed improve L2 English word reading performance in the test group. This suggests that phonological awareness is important for Taiwan EFL adult learners. The findings of the present study may contribute to the development of a new method for teaching reading skills to EFL learners in Taiwan, and perhaps other ESL/EFL learners as well.

**Keywords:** phonological awareness (PA), English word reading, phonemic awareness, syllabic awareness

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\* This study was supported by a research grant from Hsuan Chuang University (HCU-101-C1-01).